

## **Humanity Assisted Living Residents Activity Calendar**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Saturday
11A Safety walking &	11A Safety walk &	10:30 Safety walking &	11am Safety walking &	10:30am walks and	10:00am walks and	10:00am walks & exercise
exercise	exercise (Nature	Exercise	Exercise	exercise (Nature walk	exercise (Nature walk and	(Nature Walk & Physical)
1P Bingo (Cognitive &	walk and Physical)	1pm UNO or Bingo	1pm Classical Music	and Physical)	physical)	1:00pm Wheel of
Socialization).	2P Card games and	2:30 Reading and	2:30 Reading &	1:00pm Poker	2:00pm Painting & video	Fortune(cognitive/social)
2P Music listening &	socialization.	interactive socialization	Discussion	(cognitive/social)	(productive/creative/	2:00pm Puzzles & Games
appreciation		time	Bloom Home Health	2:00pm Games and	sensory)	(cognitive/social/
			_	dominoes	6	Productive) <b>7</b>
1	2	3	4	(cognitive/social) 5		
10:00am walks &	10:00am walks &	10:00am walks & exercise	10:00am walks &	10:00am walks &	10:00am walks & exercise	10:00am walks & exercise
exercise (nature walk	exercise (nature	(nature walk & physical)	exercise (nature walk &	exercise (nature walk &	(nature walk and	(Nature Walk & physical)
and physical)	walk & physical)	1:00pm UNO	physical)	physical)	physical)	1:00pm Wheel of Fortune
1:00pm Bingo	2:00pm card games	(cognitive/intellectual/	2:00pm Reading and	1:00pm Poker	2:00pm Painting & video	(cognitive/social)
(cognitive/ social)	(cognitive)	social) 2:00pm classical music or	discussion (cognitive /intellectual/ social)	(cognitive/social) 2:00pm Games &	(productive/ creative/ sensory	2:00pm Puzzles & Games (cognitive/ social/
2:00pm Music		movie (sensory/reflective)	Bloom Home Health	dominoes	Selisory	Productive) 14
appreciation (sensory)	9	<b>10</b>	Activity	(cognitive/social)		Froductive, 14
8	,	10	11	12	13	
10:00am walks &	10:00am walks &	10:00am walks & exercise	10:00am walks &	10:00am walks &	10:00am walks & exercise	10:00am walks & exercise
exercise (nature walk	exercise (nature	(nature walk & physical)	exercise	exercise (nature walk	(nature walk and	(Nature walk & physical)
& physical)	walk & physical)	1:00pm UNO	(nature walk & physical)	and physical)	physical)	1:00pm Wheel of Fortune
1:00pm Bingo	2:00pm Card games	(cognitive/intellectual/	2:00pm Reading and	1:00pm Poker	2:00pm Painting & video	(cognitive/ social)
(cognitive/social)	(cognitive)	social)	discussion (cognitive/	(cognitive/social)	(productive/	2:00pm Puzzles & Games
2:00pm music		2:00pm classical music or	intellectual/social)	2:00pm Games &	creative/sensory)	(cognitive/ social/
appreciation		movie (sensory/reflective)	Bloom Home Health	dominoes		productive)
(sensory)			Activity	(cognitive/social)		
	16					
15		17	18	19	20	21
10:00am walks &	10:00am walks &	10:00am walks & exercise	10:00am walks &	10:00am walks &	10:00am walks & exercise	10:00am walks & exercise
exercise (nature walk	exercise (nature	(nature walk & physical)	exercise (nature walk &	exercise (nature walk &	(nature walk & physical)	(Nature walk & Physical)
& physical)	walk & physical)	1:00pm UNO	physical)	physical)		Music Listening
		(cognitive/intellectual/	Music Listening			



## **Humanity Assisted Living Residents Activity Calendar**

1:00pm Bingo (cognitive/ social) 2:00pm Music appreciation (sensory)	2:00pm Card games (cognitive)	Social) 2:00pm classical music or Movie (sensory/ reflective) Bloom Home Health Activity	2:00pm Reading and discussion (cognitive/intellectual /social)	1:00 Poker (cognitive/social) 2:00pm Games & dominoes (cognitive/social)	2:00pm Painting & video (productive/creative/ sensory)	1:00pm Wheel of Fortune (Cognitive/Social) 2:00pm Puzzles & Games (cognitive/ social/ productive)
10:00am walks & exercise (nature walk & physical) 1:00pm Bingo (cognitive/social) 2:00pm Music appreciation (sensory) 29	10:00am walks & exercise (nature walk & physical) 2:00pm Card games (cognitive)	10:00am Walk & Exercise. 1:30PM Bloom Home Health. 3:30 PM Puzzle Game 6:30pm Television show	23	20	21	20

All events reflect interest of the Resident and are subject to change. Watch Activity board for Updates!