

Regular Menu

HUMANITY ASSISTED LIVING SERVICES



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
B R K	Hot Cereal	Vanilla Muffin	Waffles	Sausage Country	Fried Egg	Brown Sugar French Toast	Cold Cereal
	Raisins	Egg of Choice	Breakfast Ham	Gravy/Biscuits	Sausage Link	Bacon	Banana
	100% Juice	Fresh Fruit	Fresh Fruit	Hash Browns	Fresh Fruit	Fresh Fruit	100% Juice
	Whole Grain Toast	100% Juice	100% Juice	Fresh Fruit	100% Juice	100% Juice	Raisin Toast
				100% Juice	English Muffin		
L U N	Tangy Pork Roast	Beef Cube Steaks	Cranberry Chicken	Cajun Seasoned Fish	Salisbury Steak/Gravy	Garlic Parmesan Chicken	Braised Pork
	Roasted Yams	Risotto	Baked Macaroni Cheese	Roasted Rosemary	Fresh Mashed Potatoes	Beans, Corn and Rice	Boiled Potatoes
	Green and Gold Beans	Baked Seasoned Squash	Herbed Corn	Potatoes	Baby Carrots	Sautéed Yellow Squash	Seasoned Cabbage
	Baked Roll	Baked Roll	Baked Roll	Greens	Baked Roll	Baked Roll	Baked Roll
	Pumpkin Pie	Chocolate Marshmallow	Fruit Crisp	Baked Roll	Angel Food Cake	Cherry Pudding Cake	Chocolate Sugar Cookies
		Cake		Fresh Coconut Cream Pie			
D I N	Roasted Chicken/Red	Tasty Tuna Burgers	Old Fashion Stew	Hot Pork Sandwich	Broccoli Ham Casserole	Classic Taco Salad	Hot Dogs/Sauerkraut
	Potatoes	Tropical Mixed Fruit	Pears	Baked Cinnamon Apples	Sunrise Salad	Assorted Fruit	Peach Waldorf Salad
	Sour Cream Fruit Salad	Zesty Cucumber Salad	Dutch Spinach Salad	Stewed Tomatoes	Corn	Taco Salad Veggies	Pickled Beets
	Peas and Carrots	Sweet Potato Fries	Parmesan Pull Apart	Fresh Mashed Potatoes		Lime Cilantro Rice	Pork and Beans
	Whole Grain Bread						
	Milk offered at every meal						